

# The Importance of Personal Development in Times of Stress

Caroline Stockmann
ICAEW Virtually Live, 15 June 2021

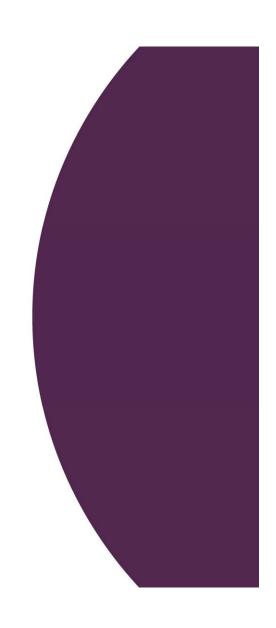
Caroline Stockmann

Chief Executive, The Association of Corporate Treasurers



## **AGENDA**

- Stress and resilience/willpower
- Why personal & professional development helps
- Creating a learning culture
- Lessons l've learnt re empowerment







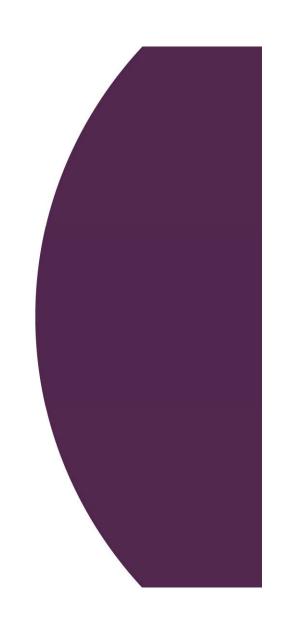
Our mission is to embed the highest standards of professionalism and integrity in the treasury world, and act as its leading advocate.

treasury everywhere has the highest standards of professionalism, bringing success to organisations and creating strong economies through strategic balancing of financial risks and opportunities.



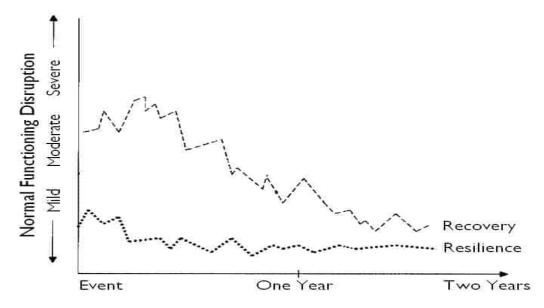
## STRESS AND RESILIENCE/WILLPOWER

- what is stress (if you didn't already know!)?
- definition of resilience
- relationship to willpower





## **RECOVERY VERSUS RESILIENCE**



Recovery vs Resilience



## **RELATIONSHIP TO WILLPOWER**

- I don't have any...
- Limited resources?
- Internal locus of control
- Acceptance



## **HOW TO BUILD AND MAINTAIN RESILIENCE**

- 1. 'Body and soul': sleep, water, nutrition, nature
- 2. Activity
- 3. Learning
- 4. Giving
- 5. Social contact
- 6. Being in the present



## **CREATING CERTAINTY FROM UNCERTAINTY**



...bad news versus no news?

Learning gives us certainty, as well as exercising a different part of our mind





## THE IMPORTANCE OF PERSONAL & PROFESSIONAL DEVELOPMENT

- One of the resilience-boosters
- Career progression
  - technical
  - other skills (Business of Treasury research)
- Antidote to feeling of moving nowhere?

So how do we create the right environment?

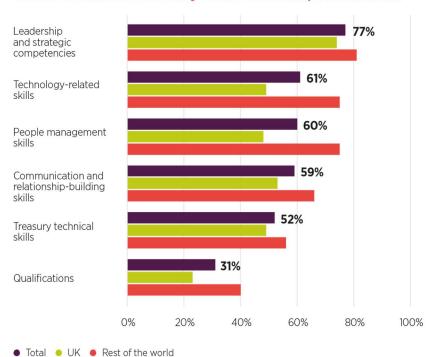






## **2021 BUSINESS OF TREASURY RESEARCH**

#### Where treasurers feel they need to develop themselves

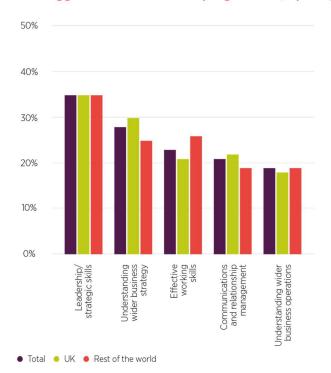






## **2021 BUSINESS OF TREASURY: BARRIERS TO PROGRESSION**

#### The biggest barriers to career progression (top five)





## THE IMPORTANCE OF PERSONAL & PROFESSIONAL DEVELOPMENT

- One of the resilience-boosters
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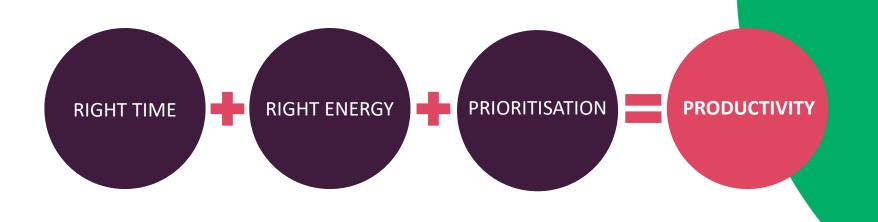
So how do we create the right environment?





## **ENERGY, TIME AND PRIORITISATION:**

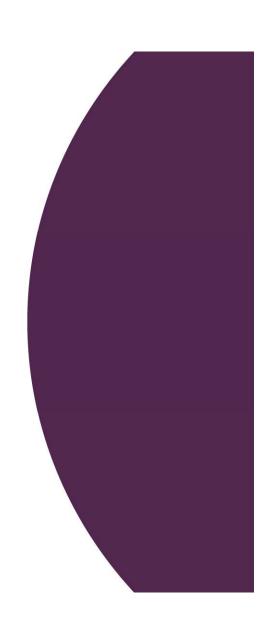
## how they apply to learning





## **CREATING A LEARNING CULTURE**

- Leadership
- Development plans
- New opportunities
- External stimuli





## **EMPOWERMENT LESSONS**

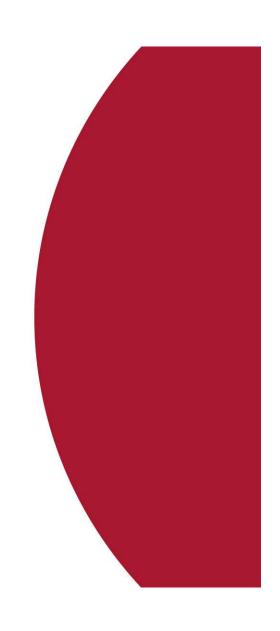
- Individualisation
  - assess
  - listen
  - act

Challenge, challenge, challenge – and trust first...



## **ACT QUALIFICATIONS**

- Competency framework
- Treasury and cash management journeys
- ICAEW exemptions





## **ACT Competency Framework**

#### **Global treasury standards**

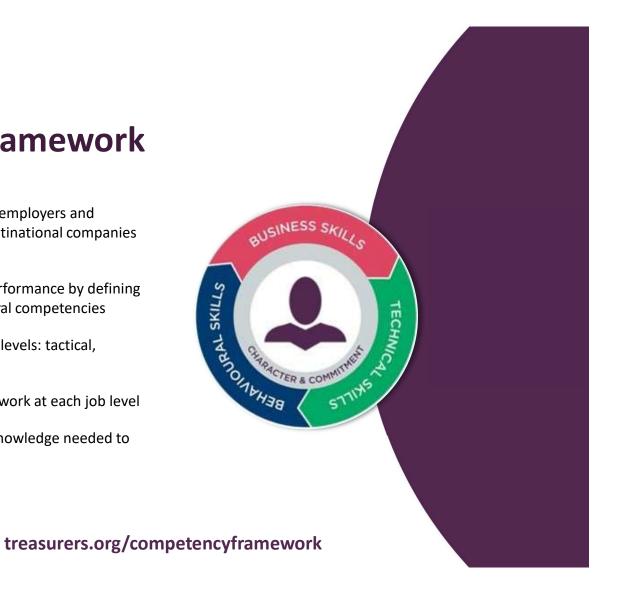
Developed by the ACT in conjunction with employers and learning and development teams from multinational companies around the world

Sets the standard for excellent treasury performance by defining required technical, business and behavioural competencies

Competencies defined at four treasury job levels: tactical, operational, managerial and strategic

Qualifications syllabi mapped to the framework at each job level

Enables you to obtain the right skills and knowledge needed to drive team and business performance





#### Competency **Framework**

**GLOBAL TREASURY STANDARDS** 

#### FINANCIAL MANAGEMENT

Financial management is a critical element of treasury's role, whether managing transaction costs. protecting against exchange rate exposure or contributing to cash flow forecasting. Budget monitoring and trends and variances are core

#### KNOWLEDGE AND INFORMATION MANAGEMENT

Collect, analyse and translate data into information that can be appropriately disseminated to assist with problem solving and decision making across the organisation. Ensure such data is retained and stored in such a way as to provide easy access but always in accordance with the Data Protection Act 1998 and any associated legislation.

#### PLANNING AND PROJECTS

Develop and implement departmental objectives. Problem solving is a key

The competency framework defines the treasury skills and capabilities needed by treasury professionals to operate successfully in today's challenging business climate.

treasurers.org/competencyframework

#### COMMERCIAL DRIVE AND ORGANISATION

Appreciate own position in and contribution to wider organisatio and understand those of other business functions in delivering the organisation's strategic objectives Optimise opportunities within own area of expertise to deliver efficiencies and drive costs down through effective negotiation with suppliers.

#### SELF MANAGEMENT AND ACCOUNTABILITY

confidently and effectively to help deliver the organisation's objectives Understand your core strengths, as well as areas for development. Acce responsibility for own actions, and hold others accountable for theirs.

#### INFLUENCING SKILLS

Develop mutually beneficial working relationships with internal and externa to the organisation and the broader treasury community.

#### WORKING EFFECTIVELY WITH OTHERS

Work collaboratively as part of a team to support the strategic direction of the organisation. Achieve team and organisation objectives by getting the best out of others. through active listening, as well as structive challenge

#### **CONTEXT OF TREASURY**

#### THE BUSINESS CONTEXT

Treasury should hold a pivotal position within the organisation to add most value and must have external events on their organisation

#### ACCOUNTING, TAX AND REGULATION

Accounting rules, tax and other egislation or regulation may affect the financial markets accessed by the organisation, the activities undertaken by treasury and how such activities are reported. Regulatory requirements can change frequently so keeping up

#### **ETHICS AND CORPORATE** GOVERNANCE

#### **ETHICS**

Ethical behaviour is a mind-set and indernins all business activity. Treasury professionals need to appreciate why ethics matter, to act ethically at all

#### COMPLIANCE AND AUDIT

Treasury's activities need to be clearly defined, executed and monitored and this includes the independent review provided by regular audits. Policies integrated into the organisation's risk management approach. Reporting must be provided for all stakeholders (both internal and external)

#### RISK FRAMEWORKS **CORPORATE FINANCIAL**

RISK MANAGEMENT

In order to explain its approach to

risk management, every organisation needs a risk management framework that not only establishes the policies

and processes to be followed but also articulates the risk appetite of

the organisation. The process of risk management must be structured to enable visibility and support of

IDENTIFY AND ASSESS RISKS

In order to manage risk, first it

must be identified evaluated and

prioritised. Strong relationships, clear communication and a straight

forward process will enable treasur

financial risk - both core treasure

treasury's remit (commodities,

MANAGE RISKS

to work with the business in identifying

(e.g. liquidity, working capital, foreign exchange, counterparty risk) and other financial risks that may fall under

There are a variety of approaches to managing risk: Avoid, Accept, Transfer

Management techniques range from doing nothing, through changing way of working, to undertaking external

transactions that change the nature

of the risk (e.g. derivatives). Select and implement the most appropriat

the organisation, dependent on its

response to a particular risk fo

Stakeholders (both internal and

external) need to understand how

risk is being managed and whether the approach is effective. Ensure tha the most appropriate risk evaluation

and reporting methodology for the

implemented; included in this will be mitigations with assigned responsibilities and a feedback loop

to report on residual risks, adapt

licy and refine procedures

rganisation is selected and

risk appetite

RISK REPORTING

decision making.

#### MANAGEMENT CORPORATE FINANCE

Corporate finance theory (risk/reward) is applied in practice to evaluate sources and uses of finance. This encompasses everything from capit encompasses everything from capita structure (debt, equity and dividend policy), through major business transformations (e.g. mergers and acquisitions) to individual financing decisions (e.g. whether to buy a particular machine).

#### LONG TERM FUNDING

The success of the organisation dependent on access to funds objectives and putting funding solutions (including documentation) in place will ensure that funding is available whenever required.

#### INVESTMENT

Treasury needs to be prepared to handle cash surpluses as well as borrowing requirements. A financial investment strategy (based on security liquidity and yield) that is consistent both with the needs of the business n place as well as methodology to

#### INTERCOMPANY FUNDING

Intercompany funding of subsidiary operations is generally an efficient source of funds for an organisation. t may not be straight forward to nplement or manage, as tax, lega such as netting systems, in-house

#### TREASURY OPERATIONS

#### TREASURY OPERATIONS INFRASTRUCTURE

The treasury function must be set up to support the business to reflect the needs and culture of the organisation.
This includes establishing a framework to function effectively; and building

#### FINANCIAL PRODUCTS AND MARKETS

A thorough understanding of the various financial markets and related instruments is core to treasury. Familiarity with the intricacies of transacting such products and the risks and henefits they offer the business, as well as the ability to explain products to non-treasury members of the organisation are key.

#### **TECHNOLOGY**

The use of technology (increased automation) can improve the accuracy and security of treasury transactions, b thoroughly evaluated to ensure those elected are aligned to the treasury

#### **CASH MANAGEMENT**

Efficient cash management is crucial to the long term success of the organisation. This involves identification and implementation for day to day funding of operating units and mechanisms for remitting cash across a group.

#### LIQUIDITY MANAGEMENT

Liquidity management focuses on the nayments as they fall due. This can be achieved through the development of accurate cash flow forecasting solutions, and the management of working capital and external sources of funds to ensure resilience.

#### TRADE FINANCE Trade finance relates to operational cash flows and specifically to

supporting customer and supplier transactions. Trade finance solutions manage the risks which arise with cross border trading. It also covers supply chain finance solutions

**BUSINESS SKILLS** 

BEHAVIOURAL SKILLS CHARACTER: Traits • Values • Virtues | COMMITMENT: Aspiration • Engagement • Dedication

TECHNICAL SKILLS

treasurers.org/membership



## **ACT QUALIFICATIONS PATHWAY**

	TREASURY QUALIFICATIONS PATHWAY				CASH QUALIFICATIONS PATHWAY	
Qualification	CERTIFICATE in Treasury Fundamentals	CERTIFICATE in Treasury	DIPLOMA in Treasury Management	ADVANCED DIPLOMA in Treasury Management	AWARD in International Cash Management	CERTIFICATE in International Cash Management
Period of study	3-6 months	6-12 months	12-18 months	15 months	3-6 months	6-12 months
ACT Competency Framework Level	TACTICAL	OPERATIONAL	MANAGERIAL	STRATEGIC	TACTICAL	OPERATIONAL
Assessment methods	One online assessment (1.5 hours)	One online assessment per unit (2 hours each)	One online assessment for Unit 1 and Unit 2 (3 hours each) Assignments for Units 3, 4A and 4B	One online assessment. One dissertation. One presentation.	One online assessment (1.5 hours)	One online assessment (2 hours)



## **EXEMPTIONS FOR ACCOUNTANTS**

If you are qualified with the ICAEW, exemptions to ACT qualifications apply.

You can check what exemptions are available to you at:

https://academy.treasurers.org/accountants/icaew

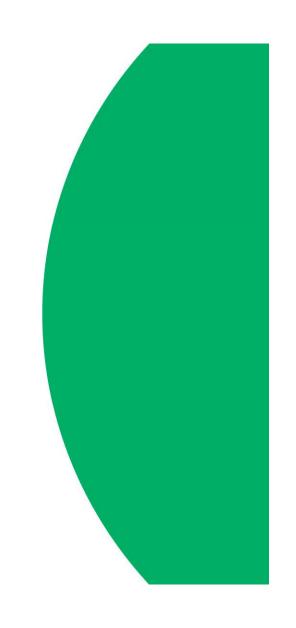






## **QUESTIONS?**







## More from the ACT:

- 14-17 June 2021: ACT Annual Conference and International Treasury Week
- 28-29 September 2021: ACT Middle East Treasury Summit
- 10 November 2021: ACT's NOT the Annual Dinner
- 23-25 November: ACT Festival of Treasury Transformation
- New series of Strategic Insights Podcasts: treasurers.org/strategic-insightspodcasts

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